Torbay age UK

Spring 17

Newsletter

Coach Trips – Badgers Holt
& Weston Super Mare

Days Out Service

Crafty Club

12 Dendy Road, Paignton. TQ4 5DB 01803 555181
216 Torquay Road, Manor Corner, Paignton. TQ3 2HP 01803 226766
e-mail: reception@ageuktorbay.org.uk

Days Out Service

Would you benefit from more variety in your day-to-day routine?

Our hosts open up their homes to small groups who spend the day in a friendly 'home from home' environment, meeting friends or joining in with a range of activities based on individual and group needs

We offer:

Monday – Friday service

Activities based on your interests

Occasional trips out

Making new friends

A two course mid-day cooked meal

Provide regular breaks for carers

Transport to and from your home

All staff are trained and DBS checked

01803 226762
for further information
and prices

Coach Trips

Sunday 23rd April

Scenic drive over Dartmoor with lunch at Badgers Holt, Dartmeet. Afternoon visit to Buckfast Abbey £23

Friday 9 June

Coach trip to Weston Super Mare £16

Pick up points in
Paignton, Preston and Torquay.

Reserve your place by booking at our offices:
12 Dendy Road, Paignton
01803 555181
or
Manor Corner, Preston, Paignton
01803 226766

Crafty Cuppa

New Craft Group

Friday 11am – 1pm
Great Parks Community Centre.
Queen Elizabeth Drive, Paignton

Everyone welcome. Share your craft skills with each other.
Create something new each week. £1 including refreshments
07929 335915

BOOKS on WHEELS

If you know someone who can't make it in to the library, call us to ask about our **home delivery service.**

Torquay Library: 208300 Paignton Library: 208321

Brixham Library: 853870

Provided with the support of volunteers from
Brixham Does Care, Torquay & Preston Rotary Clubs & Torbay Libraries

TORBAY COUNCIL LIBRARIES

WHAT'S ON AT LINCOMBE MANOR

Come and join us and tell your friends too!

LINCOMBE MANOR SPRING FAIR, IN AID OF AGE UK TORBAY

Saturday 8th April, 10am – 12 noon

A chance to get together and support Torbay Age UK.
Stalls include Homemade Cakes, Chutneys and Preserves, Plants and Bric-a-brac
Free entry

OPTIONS TO BUY OR RENT AN APARTMENT HERE

Love your lifestyle in later life at Lincombe Manor

FIND YOUR FREEDOM IN RETIREMENT WITH MODERN OVER-60S INDEPENDENT LIVING

Enjoy the convenience and security of a low maintenance home at the most exclusive location in Torquay

- Light, spacious, open-plan 1 and 2 bedroom apartments
- Wonderful sea views

Lincoln Manor offer you the benefits of a community that means you can plan for the future with minimum upheaval and stress.

At the heart of the Village is the Grade II Listed Manor House where residents take advantage of club style reception rooms, bar, bistro and terrace with sea views to enjoy time with friends, family and fellow residents.

Want to know more? *Visit us at Lincombe Manor Retirement Village now.*

APARTMENTS AVAILABLE TO VIEW. PROPERTY PRICES START FROM £175,000

Contact: sales@lincombemanor.co.uk
Visit: www.lincombemanor.co.uk Tel: 01803 389 859
Lincombe Manor Retirement Village, Middle Lincombe Road, Torquay TQ1 2AF

Would you like to go out shopping or for a leisurely visit to the garden centre. Now the warmer weather is coming wouldn't it be nice to get out of the house once a week with the guidance and support of one of our staff members?

Age UK Torbay home support service provides weekly one-to-one companionship support, for upwards of 1½ hours each week.

We can sit/stay with housebound clients for up to 4 hours.

Many of our staff are trained in the safe use of wheelchairs, enabling us to assist clients who are less mobile.

Prices: £16 per hour

For further information contact: 01803 226761

We hope you enjoy reading our newsletter, but if you no longer wish to receive it, please let us know by contacting: 01803 226766 or 01803 555181

DON'T FALL VICTIM OF A LOAN SHARK! REPORT THEM NOW!

The England Illegal Money Lending Team (IMLT) are urging residents in Torbay to come forward and report a loan shark if they or someone they know (a colleague, family member or friend) has been a victim.

A loan shark is someone who lends money illegally without the correct authorisation from the Financial Conduct Authority (FCA). Loan sharks normally appear friendly at first, but this behaviour soon changes once monies are owed.

It's easy to fall into the grips of a loan shark, they seem like friendly people at first, someone who you might refer to as a 'mate' or a 'close colleague'. If you are struggling to pay a bill, or need a bit of extra cash to fix a broken appliance, they are the first to cover your back and offer you a quick cash loan. The truth is that once you take out this cash loan, you may end up paying back significantly more than you think. You will be left in the dark, not knowing how much money you owe or the amount of interest you're being charged on that particular loan as often no paperwork is given.

We know it can sometimes be scary to ask for help, but if you call the England Illegal Money Lending Team's hotline on 0300 555 2222, you can speak to a member of the team anonymously or in confidence. They are there to help, not judge, and will let you know what your options are so you can decide what to do.

Website

www.stoploansharks.co.uk

Get Involved – Volunteer

Age UK Torbay offers a variety of volunteering roles, from befriending to information and advice. We aim to support older people in the community and enable them to live in their own homes for as long as they want or feel able to.

Some of the volunteering opportunities we have available are:

Befriending – visiting an isolated person in their own home

Community Champion – Support the work of Age UK Torbay at stands or events and fundraising activities

Information & Advice – supporting people by telephone, at our offices or home visits

Trustee – joining our board of trustees, helping make decisions about the direction of our charity.

Wellbeing – help people reconnect with the community, supporting them to achieve their goals

For further information contact Carol 01803 226766

The UK's only police approved mechanical key safe.
'As secure as a domestic front door'
Available from Age UK Torbay

£100 fully fitted

01803 226766