

1ST OCT
TORRE ABBEY, TORQUAY
10AM-5.30PM
FREE ENTRY

STORYTELLING
MUSIC
DRAMA
WORKSHOPS
CRAFT
DEBATE
FLASHMOB
TEA DANCE
& MORE...

2ND OCT
LUNCHES ACROSS TORBAY

BRIXHAM
PAIGNTON
TORQUAY
SUNDAY LUNCHTIME

Events may change, all details correct at time of printing.

FREE TRANSPORT

There will be a free minibus service running to and from the festival from Brixham, Paignton & Torquay.

If you would like to make use of the minibus service, call 01803 212638.

PARKING

The nearest car parking for Torre Abbey is available at:

- Abbey Park, Belgrave Road
- Torre Valley Car Park
- The Riviera Centre
- On-street parking at the seafront

FIND OUT MORE ABOUT THE FESTIVAL & 6 YEAR AGEING WELL PROGRAMME:

01803 212638
ageingwell@torbaycdt.org.uk

READ MORE ABOUT THE ARTISTS AND ACTIVITIES
www.ageingwellfestival.com



FREE STORYTELLING FESTIVAL OF FUN!

AGEING WELL FESTIVAL

2016

1ST & 2ND OCTOBER



EVENTS GUIDE



WELCOME TO TORBAY'S SECOND AGEING WELL FESTIVAL!

The Ageing Well Festival is for everyone, young and old, to come together and celebrate. Curated by a steering group of older people living in Torbay, this year's festival has a storytelling theme and includes free entry to beautiful Torre Abbey where a host of fun events will take place on Saturday 1st October 2016.

Festival highlights include a Tea Dance in the ballroom, music, drama, poetry and woodwork sessions, a 'life in music' talk by Lionel Digby, who brought Rock n Roll to Torbay and the West Country, and a Questions of our Time discussion focussing on ageing in Torbay. There will also be flashmob dance rehearsals and your chance to be part of the best Flashmob performance of 2016!

Free tea and coffee will be available throughout and we'll be ending the day with a tasty cream tea and an original story by the people of Torbay and multi-award winning writer, Daniel Marcus Clark. Not to be missed!

As you walk around, make sure you look out for photos, films and audio stories showing how the Ageing Well programme is making a difference to the lives of local people over the age of 50. You can also talk to representatives from the Ageing Well projects who will be able to tell you about the support available and what is happening in your local area.

To end the weekend in style, join us for Sunday lunch! There are lunches all across Torbay, enjoy entertainment, delicious food and meet new friends!

SEE YOU THERE!